

# iUniforms



## How To Measure Guide

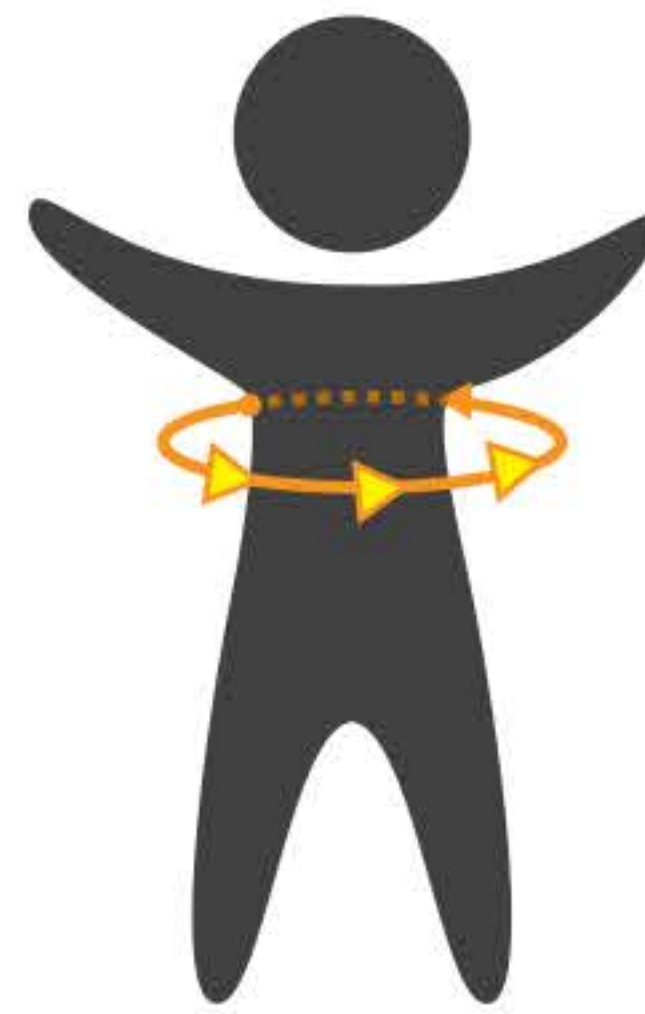
### A FEW TIPS FOR ORDERING YOUR CHILD'S SCHOOL UNIFORMS ONLINE...

- 1** A well-fitted uniform starts with a tape measure. Use the size chart for each item and measure your child to determine the proper size to order.
- 2** School uniform sizing tends to run differently than garment sizing found at your local mall. Always refer to each garment's size chart in our online store to ensure proper fit.
- 3** Purchase 3 to 5 polo shirts & bottoms, depending on how often you do the washing during the week.
- 4** Remember, your kids keep growing all year! Please always allow for growth when purchasing school uniforms.

### GRAB YOUR TAPE MEASURE AND FOLLOW THE INSTRUCTIONS BELOW:

#### CHEST

Position tape close to underarms, measure the circumference of the chest at fullest point.



#### WAIST

Take the tape measure and place it slightly loose around the child's waistline. The waistline is the narrowest part of the upper body between the chest and hips, most often found just slightly below the navel, and measure around the child.



#### HIP

Place the tape measure around the widest part of the hips usually just above the hip bones.



#### COLLAR

Measure around base of neck, inserting two fingers between neck and tape to allow growth.



#### INSEAM

From the inside of the leg, measure from the crotch to the desired length. Make sure to measure with shoes on.



#### SLEEVE LENGTH

Measure the length from the top of the arm at the shoulder to the bottom of the wrist. Aim for hitting the wrist bone with the measuring tape.



#### JUMPER LENGTH

Measure from the top of the shoulder down the back to the length required.



#### JACKETS

When measuring for outerwear, please remember these garments tend to run big. Use the size chart on our website for the dimensions of each outerwear garment.